

- New piercings are open wounds and it is extremely important to keep them clean to avoid potential infection risks
- Only touch piercings after washing hands with unscented antibacterial soap
- Do not let anyone else touch your new piercing or jewelry for any reason
- Avoid any contact with chlorinated water, ponds, lakes, beaches, pools, hot tubs, tanning beds, and animal dander
- if your pets sleep in your bed, make sure your sheets are cleaned regularly
- Avoid sleeping on the location of the piercing
- Avoid rough housing or other activities which will potentially bump, rub, or otherwise irritate the piercing site
- Avoid putting anything on the piercing site, such as make up, lotion, or fragrance
- You can shower normally, but avoid scented body wash on the piercing area or scrubbing the piercing at all
- As a natural part of the healing process with any piercing, a white to yellow discharge will release from the piercing location and a crust will form that must be washed away
- To clean your piercing, wash with provon antimicrobial soap 2-3 times a day or as needed. Rinse the soap completely off, then use h2ocean sea salt spray as the bottle instructs.
- Clean your piercing after any physical activity including exercise
- Do not let the piercing area directly touch gym equipment of any kind including home gym equipment or yoga mats
- Avoid dirt, oil, grease, or other irritants on the piercing area
- For oral piercings, get a new toothbrush and rinse with non-alcoholic antimicrobial mouthwash 4-5 times a day or any time you put anything in your mouth other than water including food, beverages, or smoking
- Avoid neosporin, triple antibiotic ointment, rubbing alcohol, hydrogen peroxide, bactine, or home remedies unless otherwise recommended by your piercer
- Avoid tight fitting clothing, wool, or lace on the piercing area
- Some piercings take an incredibly long time to heal. Consult with your piercer for the appropriate healing time
- You should wait at least three weeks to come back to the studio to get your jewelry changed.
- Body piercings, because of their very nature, can be prone to bacterial infections or rejection even some time after the initial piercing has taken place. Keeping cleanliness in mind throughout the life of the piercing is very important

Body jewelry is a foreign object in your body which sometimes the body can naturally reject. This is not a reflection of the way the piercer performed the service. Understanding this is very important.

We offer one complimentary jewelry change for the piercings you receive at our studio.
Please do not bring in outside body jewelry for sterility reasons.

Thank you for your business!

Don't hesitate to contact us at 910.346.2059 or elitetattoogallerync@gmail.com for any questions concerning the aftercare process or to schedule your one time complimentary jewelry change